

THE MIND POWER

AN INITIATIVE OF THE HYPNOTHERAPY SCHOOL OF INDIA



The Hypnotherapy School of India (HSI) founded in 2000 by Blossom Furtado to take Scientific Training about the MIND to all people continues on this Mission to create a Mind Body Spirit connection for Healing and Transformation of Human Behavior

May - August 2016
Volume 1

FROM THE FOUNDERS DESK



Blossom Furtado
Founder

Thank you all for being a part of The Hypnotherapy School of India (HSI) and facilitating in our Motto of a Nurturing and Enlightened Individual in every family/A Healer in Every Family.

It has been a wonderful fulfilling journey and I have seen shifts and transformation in my own life and in the lives of others as I have walked my path

Life is full of challenges and ups and downs and as all good actors we need to play our role in the moment effectively as Life Unfolds

So - Play your Role - Dream your Dream - Walk your Path - Be Yourself - Love Every Moment of your Life

Lots of Love and Light
Blossom Furtado

FROM THE EDITORS DESK

Hi Everyone and Welcome to the Newsletter for 2016

I am here to steer and guide you in a fun and fascinating way sharing information that will facilitate you to stay motivated - empowered and in touch with Yourself and Nature around you.

In this issue Listen to Master Wiseo He is a Wise Owl - as he reads and recommends books for you - Read and Understand the Messages from the Masters - Identify the Crystal - Find the Empowering Words - Use your Visual faculty and see what you see in the picture - Give yourself a Hug every morning and evening - enrol one person in our Crystal Workshop so Animals get attention and be aware of our Schedules and take advantage of Reviewing them as you recall Our Vision - Our Mission - Our Ethical Code - and Ask Blossom Questions so that she shares her knowledge and insights and together we can Wake Individuals to their True Self. I welcome all your inputs, please send them to hsimindpower@gmail.com.

Lots of Love
Chithra M



Chithra
Editor

LBL NAVIGATION

Go out there - you have the capacity to face anything - you have lots of strength - you have lots of energy - the energy will increase when you do your duty and work. Go through this journey - people will remind you of your power and knowledge - help many of your soul mates to evolve - teach them - Do not worry there will be no dead end - doors will open as you near them - to grow help everyone - Don't say No - walk your path. When obstacles come do not worry - they come to give you more power.

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WE ARE NOW ON
WELLTHLINK.COM

[http://wellthlink.com/
awareness/category/mind/
hypnotherapy/](http://wellthlink.com/awareness/category/mind/hypnotherapy/)

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TIPS FOR INCREASING ABUNDANCE

Bamboo represents the symbol of good fortune and prosperity.

You can place this Bamboo in your home or office.



Incorporating all 5 elements

Earth: Place some pebbles in the container

Water: Fill the container with water

Wood: Bamboo itself represents wood

Fire: Adorn the bamboo's with small red ribbon. The colour red represents fire.

Spirit: Nurture the bamboo plant with Love

HAVE YOU DONE YOUR MENTAL BANK TODAY



MESSAGES FROM THE MASTERS

Mind is the Wisdom that shall be given to the Needy
Wisdom when found - use it for all those who seek
Directions I give, for those who truly seek
Those on earth will receive this from time to time
For the good of mankind
You will visit some places unknown to others
Where I have spoken - Seek them on walls
Open your ears I will speak in your ears
Birds will speak to you
My blessings will be 7 X 7
You are entering new dimensions
And I want you to be prepared
For those events that will take place in future
I will meet & speak to you in ways yet not known to you
Seek me and I will be there
Eyes.....Wings.....the Whisper of the Winds
Will all speak my Words
I have blown from 4 directions
Peeking at one direction
The point which will be above Earth
I am building multiple points which will convert
And Give the strongest Grid
Grid not known to man
Points will indicate when the time comes
I am there with you always
Watching and guiding your every step
Walk with me
Show my people places in them

not known to them
You will Spin in the direction needed
I will take you to many places
Places you have not visited
Don't be afraid I will take you there
I will take care of all you need always
Oceans will quell the Land not known to man
Spread Merkaba wide,
Create an umbrella to reach the Grids
Grids will pick up signals
I will not destroy the Human race
Keep moving with the same pace
It will improve,
You are not alone
You are doing the same job as us
Do it with love and sincerity
Blessings upon us and all
Make them realize the light
I shall help them
7 is a favourite number and you are 7.
I am in the midst of all this,
Raise the vibrations
I will send a person
You will recognize
For the betterment of Humanity
Look into the eyes
You will know
I am there always there

We all have work to do and lots of it and whilst we have to manage our individual lives as well - we have work to do.....

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IDENTIFY THIS CRYSTAL



Clue: This stone is excellent for attunement and meditation.

Answer on pg.6

*I am Master Owl WISEO.
I have read & recommend*



AUTOBIOGRAPHY OF A YOGI

Author:

Paramahansa Yogananda

This book was

selected as

'One of 100

Best Spiritual

Books of

Twentieth

Century'. Profoundly

Inspiring, this book has

inspired many people. This

book was also one of Steve

Jobs Favourite book.



In our next issue we will be including a new column 'ASK BLOSSOM'. If you have any questions please send an email to hsimindpower@gmail.com



CRYSTAL POWER - SELENITE

Selenite is a stone of protection.

Selenite calms and soothes, bringing a deep peace and sense of tranquillity

Cleanses the aura. Clears all blockages in the energy field.

Chakra:

Third eye and crown

Affirmation:

I am divinely protected at all times

Note: Selenite should not be cleansed with water as it will dissolve



They say "Crystals find you when you're ready". So allow a crystal to choose you.

THE HUMAN EXPERIENCE

WHAT IS A HUMAN - A human is created by the fusion of a physical body which is developed in the mother's womb in the Physical realm and the Soul and Mind which are subtle bodies from the Metaphysical realm

The Soul lowers its frequency considerably when it descends to fuse with the physical body.

The Soul has the choice to choose a human body and moves in and out of that body until birth- at birth the Soul with the Mind merges with the body when the baby takes its first breath. This is the Human - with a Soul/Mind/Body - and the Human goes through the lifetime as a single entity . The Soul has chosen this Body to experience/resolve/ Let go of Karmic issues and is here to live an Effective and Productive Life before it goes back

What however happens is that the Mind gets overpowered and dominated by circumstances and events in the physical world and forgets and overlooks its objective of choosing this body. Then the Human lives unhappily and dies in despair

At Death this single entity divides itself - the Soul and Mind which has stored all its experiences/lessons learnt goes back to the Metaphysical Realm to review the lifetime and the time spent on Earth. The Body is left behind on Earth and disintegrates in the Physical Realm

This is the Circle of Life - if we can remember we have a PURPOSE we came here to accomplish - we would live joyfully with integrity and leave the Physical realm with peace and be whole and complete as we make our Journey back home

Find out more about the Mind/Body/Soul connection at our various workshops/courses and in the Life Between Life Spiritual Regression Workshop

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A POWERFUL MANTRA

KODOISH - KODOISH - KODOISH - ADONAI

TSEBAYOTH which means

HOLY- HOLY - HOLY - IS THE SOURCE OF

ALL CREATION



This is an Ancient Hebrew Chant and vibrates at the Highest of Frequencies. It reconnects YOU to YOURSELF and sets up a resonance with Divine Love Energies. It provides Divine Attunement with the Higher Beings and Masters of Light and establishes a Sacred Space of Oneness and Stillness and Protects you at all times effortlessly guiding you on your Journey through Life If used with Faith and Belief in Self it clears all the aspects in the Physical Reality giving us access to our limitless potential of Pure Unconditional Love Light and Healing and connects us across dimensions through the activation of the Grids in our Bodies to all that IS The time is NOW - Reconnect to your own Inner Resources and Activate your Power within.—Our Metaphysical Meditation Workshop shows you the way

Affirmation from the Abundance Workshop

I am Happy and Grateful to the Universe for giving me

Limitless Abundance and Prosperity

Give it to everyone you meet and see yourself

Grow and Prosper



Give yourselves a Big Hug and as you look into the mirror today Love - Thank - Forgive - Acknowledge - Appreciate - that Individual that looks back at you - Let go of the Past and stay Confident in the Present and walk Powerfully in the here and Now



MIND VITAMINS

Say

I succeed at all times

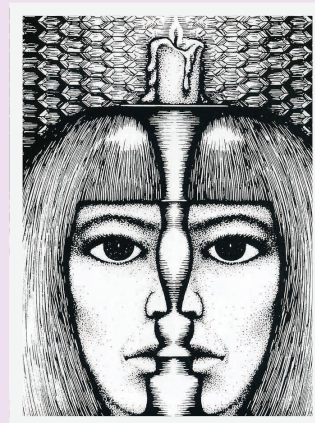
Instead of

I am a failure

FIND THE EMPOWERING WORDS

P Y L N H I A E I H P E F M E
O B U G K N P N G O A R E C U
W L F T W D U E O R E P N R F
E I I E M E Y I A E A A P C F
R S T N L P R H D C D H D Y G
F S U E A E E O T N E P C N V
U V A R C N M V U L R F O N V
L W E E F D H B R O A R U Y I
O B B S J E A D S F T E M L E
L I G H T N X P W S E M W X D
T X N S R T E R G K Q O Z F P
Q U T E B R C O N F I D E N T
I S L H O Y J X F B V E V O L
I A Q U Y H T L A E H P T I V
X S S E N I P P A H X R K E K

WHAT DO YOU SEE?



NATURE'S TOUCH

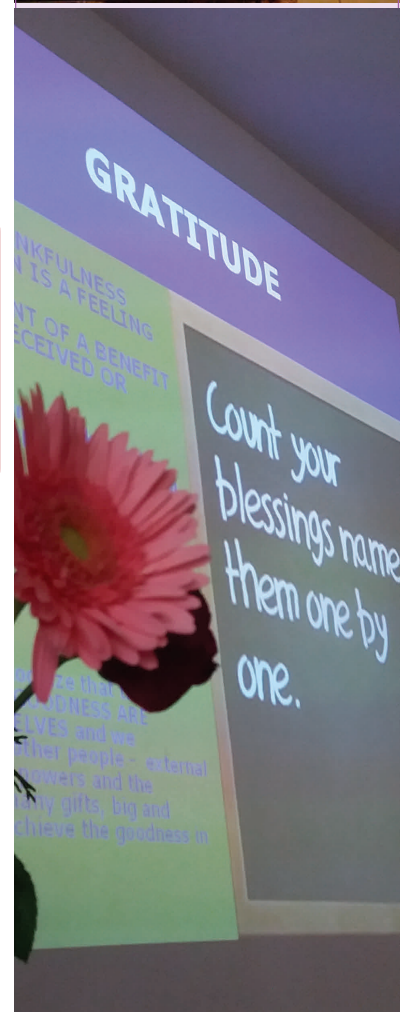
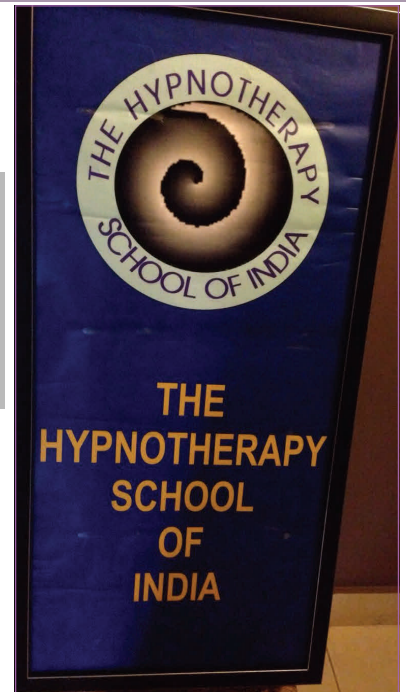


Natural Body Lotion and Scrub made by Anjali - Smriti - Pallavi - Blossom with support from Lata and Shrubi - Creating a Beautiful World Naturally.....

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WORKSHOPS & EVENTS 2016



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THANK YOU

Hi Friends,
Thank you so much for your contributions, because of your support today we are provided with proper food, shelter and care.



HSI Objective is "Making the Earth a better place to live for all Life Forms" and 10% of the proceeds of our Crystal Workshop goes to FRIENDICOS – the organization that helps to rescue and rehabilitate animals and give them a life of dignity.



ANSWERS

IDENTIFY THE CRYSTAL

The name of the crystal is Kyanite.

FIND THE WORDS

- | | |
|-------------|---------------|
| ♥ ABUNDANCE | ♥ INDEPENDENT |
| ♥ BEAUTIFUL | ♥ LIGHT |
| ♥ BLISS | ♥ LOVE |
| ♥ CALM | ♥ PEACEFUL |
| ♥ CONFIDENT | ♥ POWERFUL |
| ♥ FREE | ♥ PROSPEROUS |
| ♥ FREEDOM | ♥ RELAX |
| ♥ HAPPINESS | ♥ SERENE |
| ♥ HAPPY | ♥ STRONG |
| ♥ HEALTHY | ♥ WEALTHY |

650+ Likes and counting

6

SCHEDULES

LEVEL I

BANGALORE	CHENNAI	CALICUT
18 & 19 June 2016	18 & 19 June 2016	11 & 12 June 2016
23 & 24 July 2016	23 & 24 July 2016	27 & 28 Aug 2016
20 & 21 Aug 2016	20 & 21 Aug 2016	
03 & 04 Sep 2016	24 & 25 Sep 2016	
DELHI/GURGAON	DELHI/NOIDA	
11 & 12 June 2016	25 & 26 July 2016	
16 & 17 July 2016	20 & 21 Aug 2016	
20 & 21 Aug 2016		
17 & 18 Sep 2016		

LEVEL II

BANGALORE	CHENNAI	DELHI
20 & 21 June 2016	02 & 03 July 2016	18 & 19 July 2016
05 to 07 Sep 2016	26 & 27 Sep 2016	22 & 23 Aug 2016
		19 & 20 Sep 2016

LEVEL III

BANGALORE	CHENNAI	DELHI
22 & 23 June 2016	04 & 05 July 2016	20 & 21 July 2016
08 to 10 Sep 2016	28 & 29 Sep 2016	21 & 22 Sep 2016

LEVEL IV

BANGALORE	CHENNAI	DELHI
24,25,27 to 29 June 2016	27 to 31 Aug 2016	21 to 25 May 2016
12 to 16 Sep 2016		

LIFE BETWEEN LIVES SPIRITUAL REGRESSION WORKSHOP

BANGALORE	CHENNAI	DELHI
05 to 09 November 2016	24 to 28 Sep 2016	10 to 14 Aug 2016

COGNITIVE POSITIVE INTERVENTIONS

DELHI	CHENNAI
23 & 24 July 2016	30 & 31 July 2016

CRYSTAL WORKSHOP

BANGALORE	BANGALORE
26 June 2016	11 Sep 2016

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OUR VISION

A UNIVERSE OF LOVE, PEACE
AND HAPPINESS
WHERE EVERY ONE
LIVES A
POWERFUL HOLISTIC LIFE

OUR MISSION

TO CREATE A MIND BODY SPIRIT
CONNECTION FOR HEALING

The Hypnotherapy School of India
81 Defence Colony Flyover Market
New Delhi 110024
India

Centres & Associates

Delhi, Noida, Gurgaon, Bangalore, Chennai,
Calicut, Agra, Jaipur, Chandigarh,
Mohali, Guwahati, Hyderabad, Karnal, Sri
Lanka, Shillong, Rishikesh, Dharamshala,
Faridabad, Kolkata, Pune, Mumbai, Jodhpur,
Lucknow



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www.empowermentholistic.com
www.aikyatheone.org



*An individual has the power to work from Sickness
to Wellness at all levels of the Energy System – the
physical – the emotional – the astral – the mental
and spiritual levels.*

- Blossom Furtado

HSI WISHES ALL THE STUDENTS WHO ARE
CELEBRATING THEIR BIRTHDAY AT THIS TIME OF THE YEAR



FAMOUS PEOPLE BORN THIS TIME OF THE YEAR



**Franz Friedrich
Anton Mesmer**

May 23, 1734

German physician
whose system of
therapeutics, known
as mesmerism, was
the forerunner of the
modern practice of
hypnotism.



Sigmund Freud

May 06, 1856

Austrian neurologist,
founder of
psychoanalysis.

*"Being entirely honest
with oneself is a good
exercise"*



Wayne Dyer

May 10, 1940

Philosopher, author
and speaker in the
field of self-
development.

*"How people treat you
is their karma; how
you react is yours."*



**Elisabeth Kübler-
Ross**

July 8, 1926

American Psychia-
trist and author

*"There are no mistakes,
no coincidences. All
events are blessings
given to us to learn
from."*

OUR ETHICAL CODE

FACILITATE PEOPLE TO HEAL SO THAT THEY CAN
RUN THEIR OWN LIVES EFFECTIVELY & PRODUCTIVELY
AND REMAIN CALM, PEACEFUL & HAPPY AT ALL TIMES